



Developmental Record

These are common questions that are often asked during visits to a pediatrician or during health checkups.

Let's keep a record of the days/months and ages when your baby achieved the following milestones.

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|---|---------------------------------|----------------------|
| Neck control (able to keep the head stable without support) | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Rolling over | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Belly crawling | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Crawling | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Sitting up unassisted (sitting up without any support) | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Supported standing | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Cruising | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Able to make gestures such as waving goodbye | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Able to walk independently | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Understand simple words spoken by adults | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Point with a finger | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Say words like "mama" and "broom-broom" | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Run | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Mimic gestures from adults or actions on TV | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Speak two-word sentences (e.g., "Dog came") | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Climb stairs independently | Date: (month, day, year) / / | Age: (Adjusted age:) |
| Say their own name | Date: (month, day, year) / / | Age: (Adjusted age:) |